



HELPING

WIN-WIN SITUATIONS

PRACTICAL SKILLS

EMOTIONAL ATTACHMENT

WORKING TOWARDS A GOAL

BEAUTY *These things* HARD

HARMONY *give me energy...* WORK

ENTHUSIASM IMAGINATION

CARING FOR OTHERS

LOYALTY **ISFJ** EMPATHY

CHANGE **ISFJ** CONFLICT

MEETING EVERYONE'S EXPECTATIONS

EMOTIONAL EXPRESSION

SELF *These things* NOT MEETING

DOUBT PERSONAL

CREDIT *stress me out...* STANDARDS

FOCUSING ON PERSONAL ISSUES

BEING OVERLOADED

CRITICISM